



# -INSTALLATION- INSTRUCTIONS



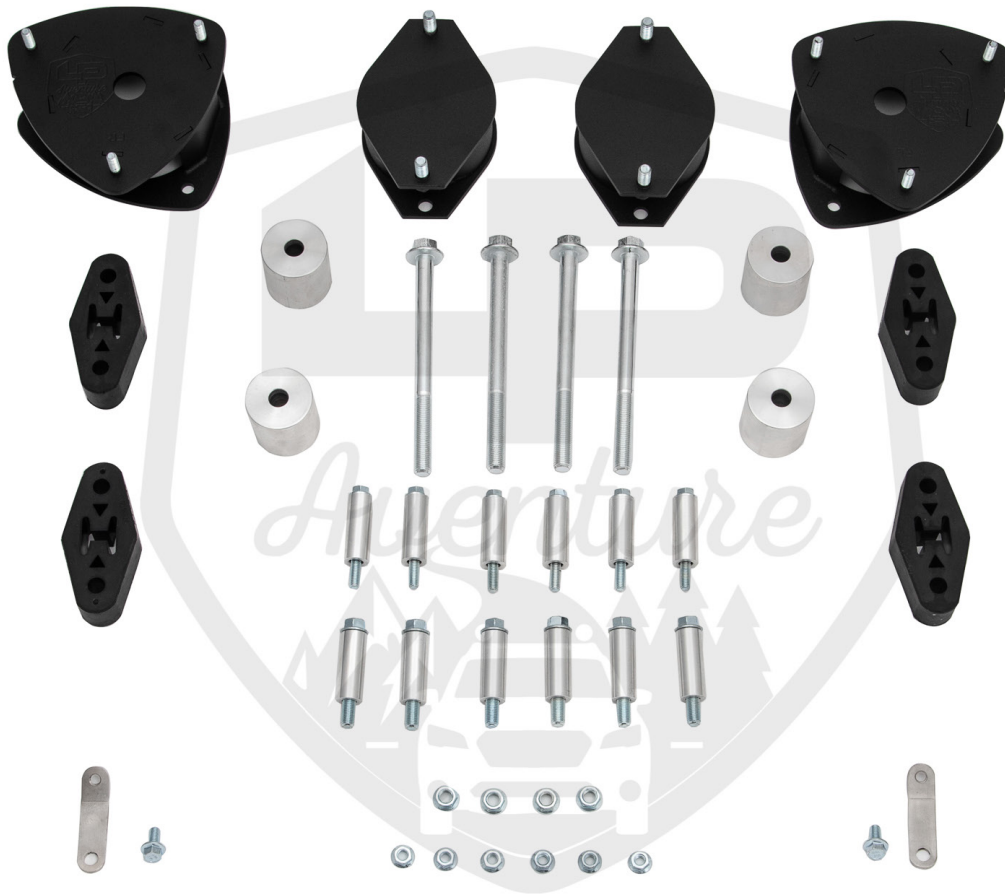
LP ADVENTURE LIFT KIT



SUBARU FORESTER 2014-2018

# CONGRATULATIONS FOR YOUR NEW LP AVENTURE LIFT KIT!

If you have any question or need assistance  
during the installation please  
contact our team. You  
can find the information  
on the last  
page.



IN  
THE  
BOX





## NECESSARY TOOLS

1. - We recommend the use of a lift
2. - Jack stand to support the sub-frame
3. - Ratchet
4. -12mm Socket
5. -14mm Socket
6. -17mm Socket
7. -19mm Socket
8. - 22mm Socket
9. -10mm Wrench
10. -12mm Wrench
11. - 14mm Wrench
12. -17mm Wrench
13. - Exhaust Hanger Removal Pliers

1

## REMOVE FRONT WHEELS





2

## REMOVE ABS SENSOR BRACKET





3

## UNCLIP ABS SENSOR





4

## REMOVE BRAKE LINE BRACKET





5

## UNBOLT STRUT FROM KNUCKLE





6

## REMOVE SUSPENSION ASSEMBLY



## REMOVE 2 OUT OF THE 3 STRUT NUTS





7

WHILE HOLDING THE STRUT ASSEMBLY  
REMOVE THE LAST STRUT NUT



8

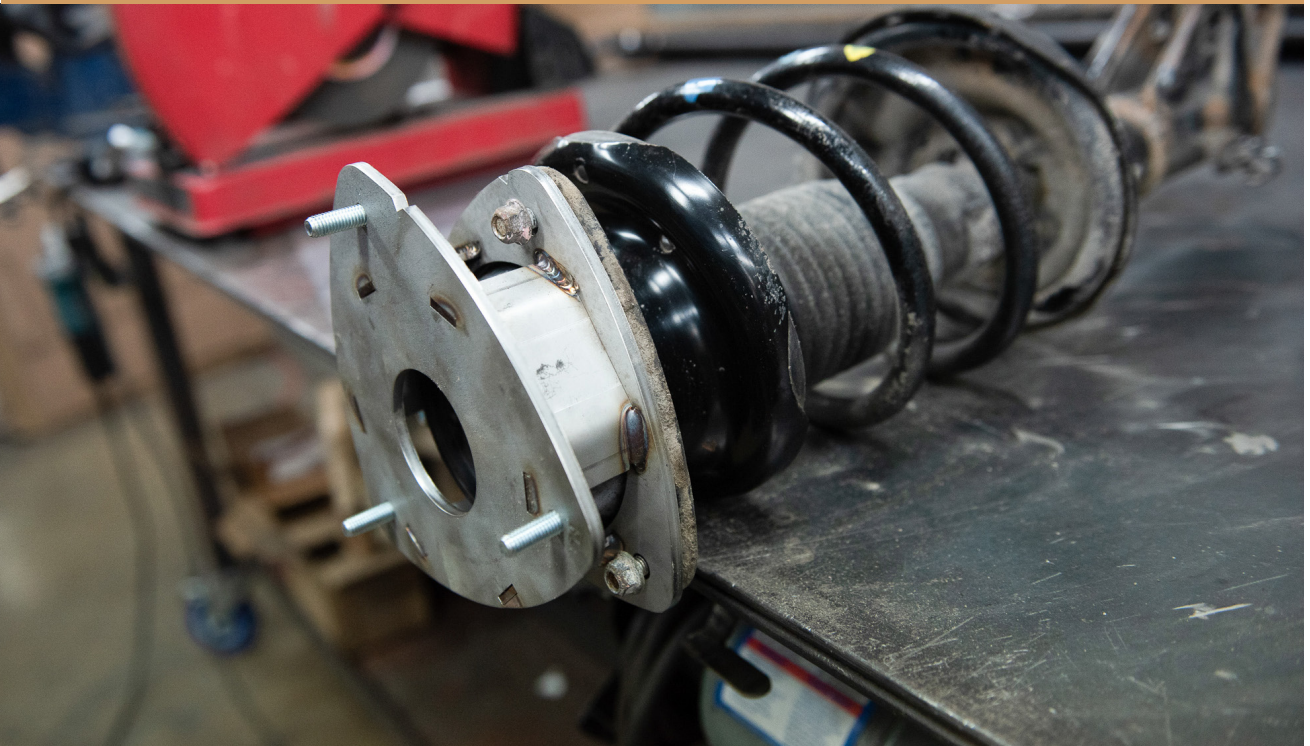
REMOVE THE STRUT ASSEMBLY





9

## INSTALL TOP PLATE SPACERS





USE A PRY BARE TO HELP SUPPORT THE STRUT WHILE  
TIGHTENING





10

## RE INSTALL STRUT ASSEMBLY



FRONT RIGHT

FRONT LEFT





11

RE INSTALL LOWER STRUT BOLTS



12

RE CLIP ABS SENSOR





13

RE INSTALL ABS SENSOR CABLE BRACKET



14

RE INSTALL BRAKE LINE BRACKET





15

## REMOVE REAR WHEELS





16

## REMOVE BRAKE LINE BRACKET





17

REMOVE LOWER KNUCKLE, SHOCK AND SWAY BAR BOLTS





USE A PRY BAR TO HELP GET THE KNUCKLE BOLT OUT





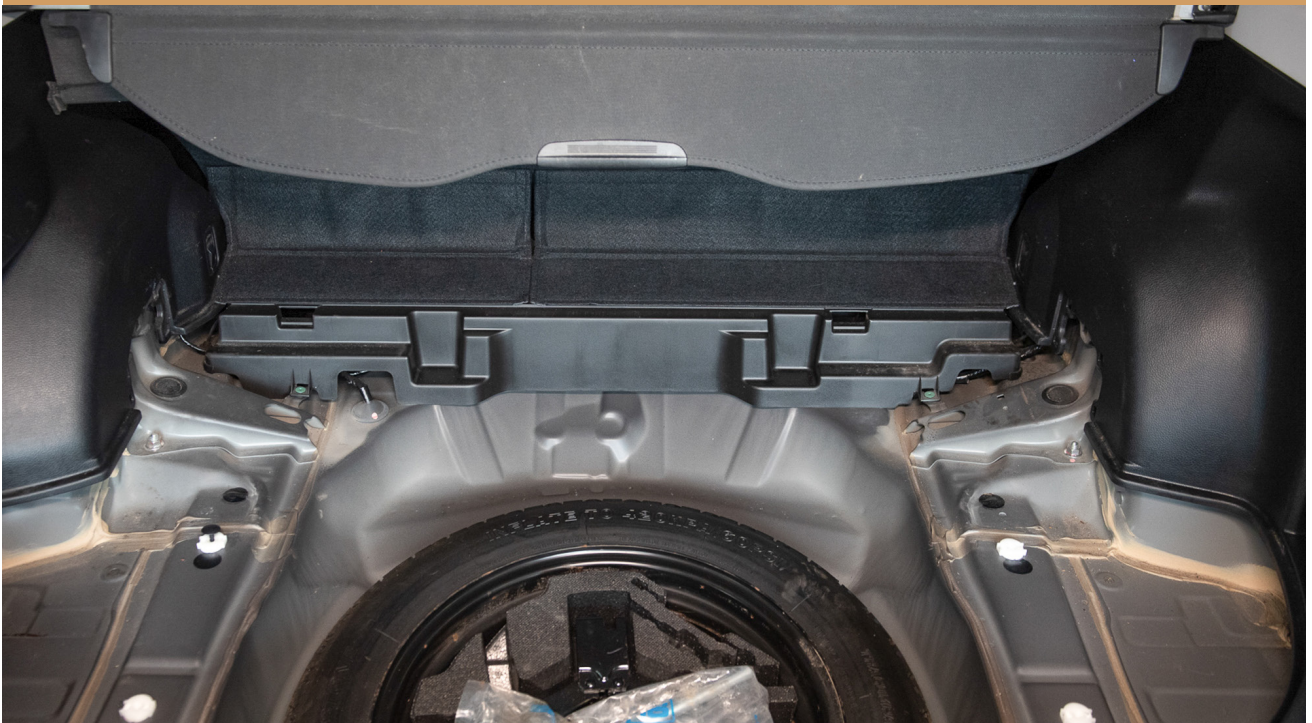


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REMOVE TRUNK INTERIOR









19

## REMOVE REAR STRUT NUTS





20

## REMOVE REAR SUSPENSION ASSEMBLY



21

## REMOVE PLASTIC GAS TANK COVERS







22

REMOVE BOLTS ON REAR SUB FRAME SUPPORT  
BRACKET









23

REMOVE 2 REAR SUB FRAME SUPPORT BOLTS





24

PLACE A TRANSMISSION JACK UNDER THE REAR DIFF



25

REMOVE SUB FRAME SUPPORT BOLTS





27

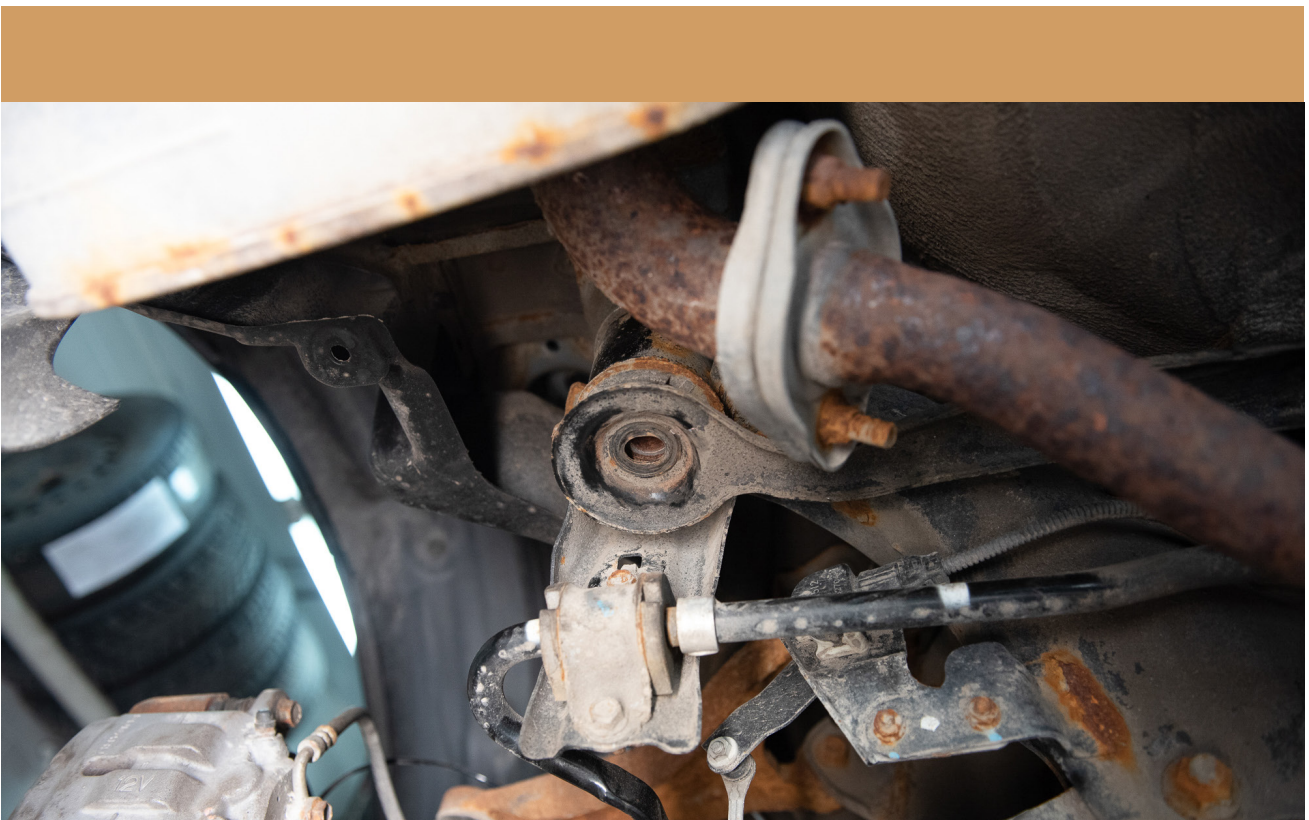
TEMPORARILY INSTALL THE SUPPLIED SUB FRAME BOLTS TO KEEP THE SUB FRAME IN PLACE





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## REMOVE SUB FRAME BOLTS





29

## LOWER THE SUB FRAME



30

## INSTALL THE SUBFRAME SPACER





31

## INSTALL THE INCLUDED SUB FRAME BOLTS







32

REMOVE THE TEMPORARY BOLT





33

## INSTALL SUB FRAME SPACERS





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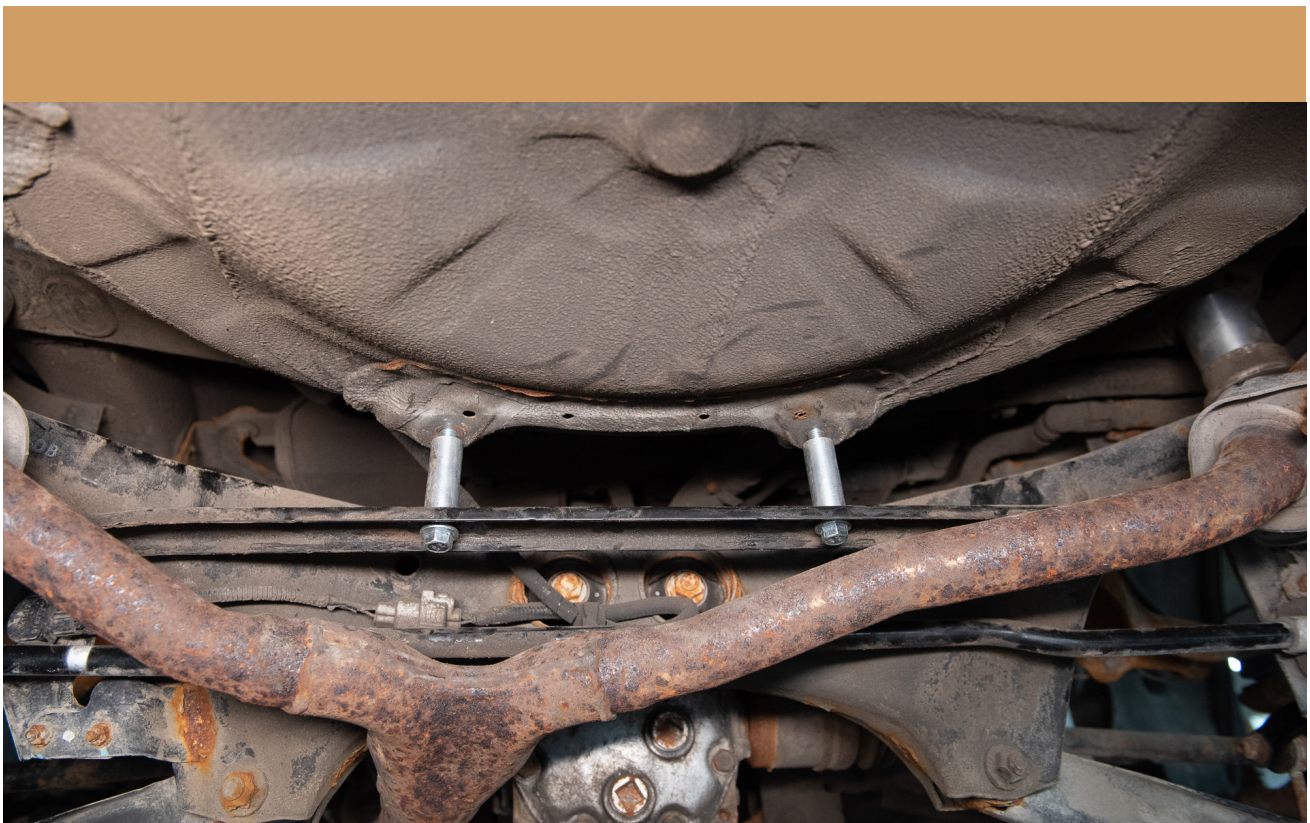
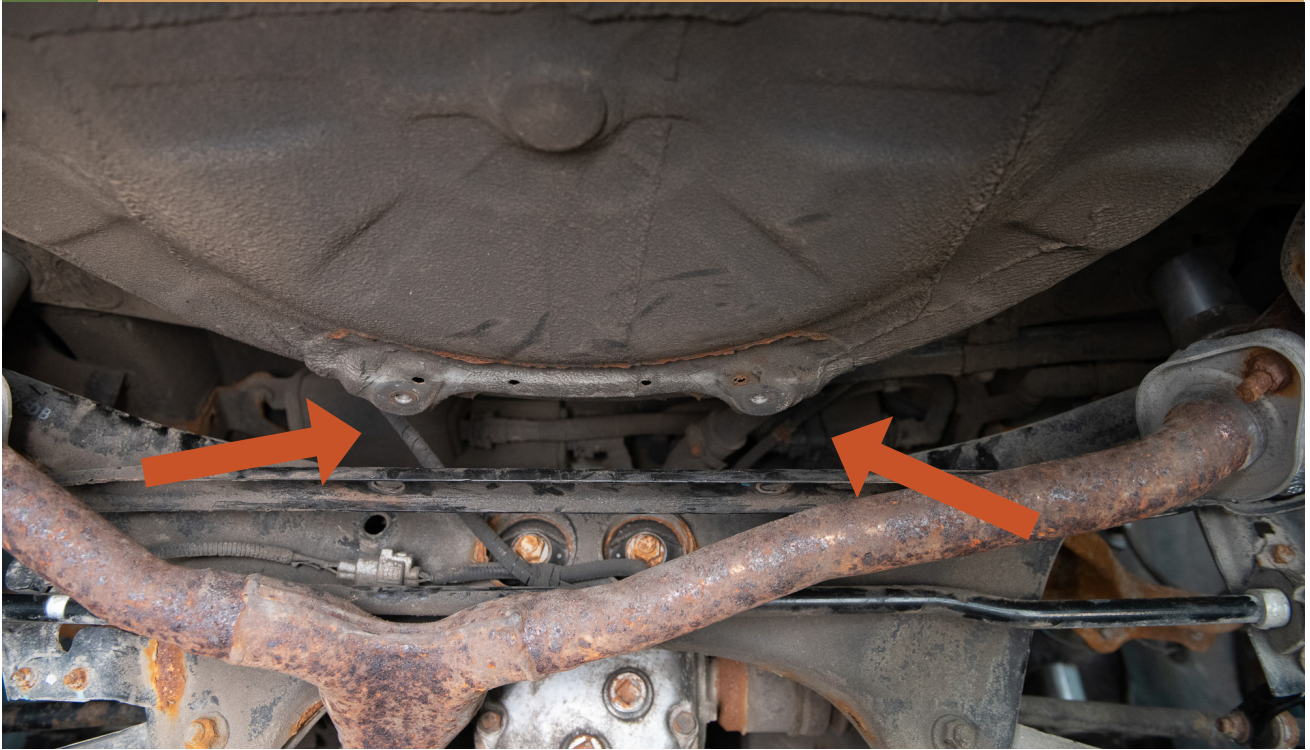
## INSTALL SUB FRAME SUPPORT BRACKET SPACERS





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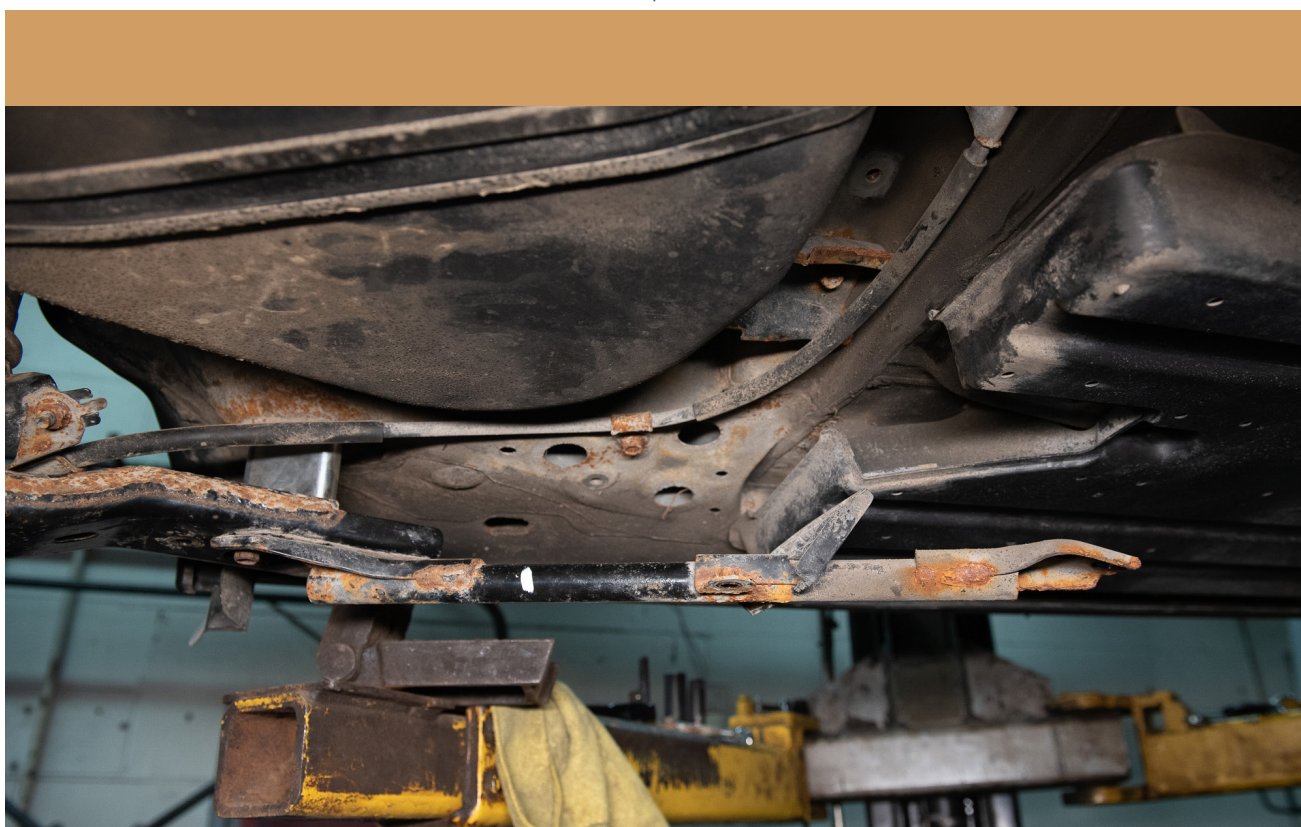
## INSTALL SUB FRAME SUPPORT BRACKET SPACERS





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## RE INSTALL SUB FRAME SUPPORT BAR





37

## INSTALL SUB FRAME SUPPORT BAR SPACERS





38

## INSTALL REAR TOP PLATE SPACERS





USE A PRY BAR TO SUPPORT THE STRUT WHILE TIGHTEN-



39

RE INSTALL REAR SUSPENSION ASSEMBLY







40

RE INSTALL TOP PLATE NUTS







41

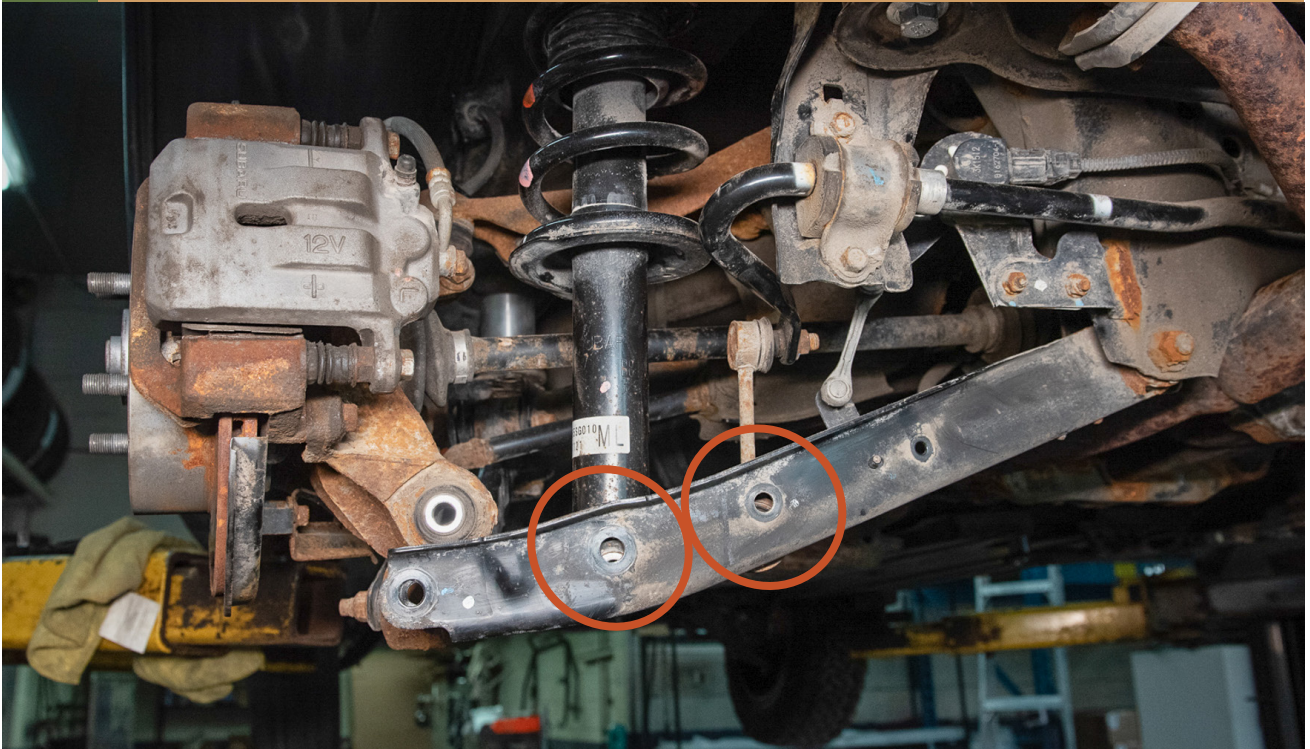
RE INSTALL TRUNK INTERIOR





42

## RE ATTACH SWAY BAR LINK AND SHOCK





43

TO MAKE KNUCKLE INSTALLATION EASIER INSERT THE BOLT FROM BACK TO FRONT



44

INSTALL BRAKE LINE BRACKET SPACER





45

## INSTALL SUPPLIED EXHAUST HANGERS



## INSTALLATION COMPLETE!







## NOTES:

**\*\*Tighten all the bolts to the manufacturer's specifications with a Torque Wrench\*\***

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**Double check your work.  
Reinstall the wheels and be sure to tighten  
the nuts with a torque wrench.**

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**Wheel alignment is required after installation.**

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**Products warnings:  
<https://lpaventure.com/pages/products-warnings>**

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**Limited product warranty:  
<https://lpaventure.com/pages/limited-prod->**





You have completed the installation.  
Thank you for your interest  
in our products.

For all requests, information or  
assistance: Contact our team  
by phone at  
**1 (866) 562-1316**

We are available Monday to Friday  
Between 8AM and 5PM (EST).

Or by email at :  
**[SALES@LPAVENTURE.COM](mailto:SALES@LPAVENTURE.COM)**  
**[WWW.LPAVENTURE.COM](http://WWW.LPAVENTURE.COM)**

**NOW, ENJOY THE RIDE!**